

## S M A L L P L A T E S

### HUMMUS CRUDITE /5.95

Pignolis, cucumbers, sweet red pepper, carrots & celery

### APPLEWOOD SMOKED FISH DIP /7.50

Cajun pita chips

### HOMEMADE SOUP /2.95 cup /3.95 bowl

Made fresh daily

### JUST MADE POTATO CHIPS /2.95

Homemade and crispy with onion dip at request

### CHEESE AREPA /6.25

Provolone in a grilled cornmeal bread deliciousness & sweet fries

### GARLIC CHICKEN WINGS /7

Six wings mild garlic house recipe sauce, blue cheese & celery

### MIDDLE EASTERN TAPAS /7.95

Dolma grape leaves, hummus, olive tapenade & warm pita

### CALAMARI /7.95

Fried and tender, caper-olive tomato sauce

## S A L A D S

BISTRO SALAD /Baby greens, tomatoes, olives, carrots, red pepper, red onions and cucumbers /6.95

CAESAR /Romaine lettuce, shaved parmesan, creamy Caesar dressing, herb croutons /7.95 add grilled chicken /3

OLYMPIA /Mixed greens, feta, cucumbers, tomatoes, red onions, Kalamata olives, pepperoncini and warm pita /8.75

MARTHA'S VINEYARD /Grilled marinated chicken, candied walnuts, granny apples, blue cheese, sun-dried cranberries and banana bread /10.95

VEGGIES N' YOU /Grilled eggplant, zucchini, yellow squash, roasted pepper, onions, fresh mozzarella and tomato-basil relish /9.95

ORANGE GINGER SALMON /Ginger glazed salmon, orange sections, almonds, blue cheese, sliced pears baby spinach & orange dressing /11.95

CHICKEN DE PALMA /Herb crusted chicken, hearts of palm, vine ripe tomatoes, grilled mushrooms, Greek olives over musclun greens /9.50

TRIO /All white tuna, chicken & egg salad, tomato, cucumbers, olives, carrots, red peppers on a bed of greens served with warm pita triangles /9

CARIBBEAN SHRIMP /Sugarcane 5 shrimp skewer, julienne jicama, oranges, seedless cucumbers, sweet pimento, papaya relish and citrus vinaigrette /9.95

KENDALL BROOK SMOKED SALMON /Premium cold smoked salmon, baby greens, tomato capers, cucumbers, red onions and a sliced hardboiled egg, toasted bagel and cream cheese /12.95

CHOLULA SALAD /Ancho rubbed chicken or flank steak, black olives, crispy lettuce, tomatoes, jack and cheddar cheese, guacamole, sour cream, salsa and topped with crispy tortilla strips /9.50

MEDITERRANEAN MAHI /Pan seared mahi on top of mixed greens, feta cheese, Kalamata olives, roasted pimiento pepper, grape tomatoes, mushrooms and crunchy pita chips /11.95

Dressing selection: Blue cheese, ranch, thousand island, Caesar, orange-ginger, balsamic and Greek

CONSUMER ADVISOR: Consuming raw or under cooked animal products may cause food borne illness

## SANDWICHES

### T H E C L A S S I C S

SOLID WHITE TUNA ALBACORE /8

OVEN ROASTED TURKEY /8

TURKEY CLUB /9

ALL WHITE CHICKEN SALAD /8

EGG SALAD /7

BLT /8

All sandwiches served with choice of potato chips, sweet potato fries, french fries, coleslaw or fresh fruit

Bread choices: Multigrain, seedless rye or white

### S P E C I A L T I E S

#### All-time Favorites

BLACK ANGUS BEEF BURGER /8

BISTRO BURGER /Sautéed onions, bacon and a choice of cheese, cheddar, provolone, swiss, american or blue cheese /9.45

TURKEY BURGER /Served with lettuce, tomato and red onion on a grilled bun /8

BISTRO TURKEY BURGER /Sautéed onions, bacon, choice of cheese, lettuce and tomato /9.45

HOUSE MARINATED GRILLED CHICKEN /Plain or blackened, lettuce and tomato on a grilled bun /8

TUNA MELT /Albacore tuna, swiss cheese on a grilled rye /8.5

REUBEN /Corned beef, sauerkraut, swiss cheese & Russian dressing on a grilled rye /9.50

HEBREW NATIONAL HOT DOG /Kosher ¼ pound all beef, sauerkraut, chopped onions and sweet relish /7

FISH AND CHIPS /Battered cod, potato chips, tartar sauce and coleslaw/9.50

QUESADILLA /Grilled chicken or steak, sautéed onions and peppers, jack & cheddar cheese served with salsa, sour cream and guacamole in a grilled flour tortilla /9

### H A N D C R A F T E D T A S T I N G S

CRANBERRY WALNUT CHICKEN CROISSANT /A perfect blended salad in a crispy croissant /9

THE VEGGIE /Grilled eggplant, zucchini, squash pimentos, fresh mozzarella & greens on a focaccia /9

LOBSTER ROLL /Lobster meat and seafood salad with a touch of celery and dill on a buttered bun /10.95

REUBEN BY THE SEA /Grilled mahi, coleslaw, Swiss and Russian dressing on a grilled rye /10.50

GREEK CHICKEN PITA /Chopped Greek salad and grill chicken in a pita bread /9

SHRIMP CROISSANT /Fresh shrimp salad in a crusty fresh croissant a perfect simplicity /10.95

MEDITERRANEAN WRAP/Chicken, olives, mushrooms, feta, tomato, mix greens, roasted pepper & balsamic drizzle /9

STEAK MELT /Flank steak, grill mushrooms and onions, provolone, pesto on a grilled tortilla /9.50

#### Sides

french fries /2.5 coleslaw /1.25

sweet potato fries /3.50

fresh cut fruit /2.75

#### Desserts

chocolate cake, key lime pie

carrot cake & cheesecake /4.25

mango or orange sorbet /3.95

#### Beverages

unsweetened, sweetened & raspberry ice tea

coke, diet coke, sprite, orange & root beer /1.75

cranberry, grapefruit & orange juice /2.95