

## SMALL PLATES

### HUMMUS CRUDITE

Pignolis, cucumbers, red pepper, carrots & celery sticks / 11

### HOMEMADE SOUP

Fresh made daily cup 4, bowl 6

### CHICKEN GOUJONS

Flashed fried tenders, potato chips, honey mustard /10

### JUST MADE POTATO CHIPS

Homemade, crispy /5

### MIDDLE EASTERN TAPAS

Dolma grape leaves, hummus, olive tapenade & pita /12

### FIG BALSAMIC BURRATA / 12

roasted pear tomatoes, basil, herbed crostini

## S A L A D S

**BISTRO SALAD** / Baby greens, tomatoes, olives, carrots, red pepper, red onions and cucumbers /8

Add chicken / 6      add Salmon / 9

**CHICKEN CAESAR** /Romaine lettuce, shaved parmesan, creamy Caesar dressing, herb croutons /14

### GRILLED CHICKEN ROASTED CORN - AVOCADO

Applewood smoked bacon, blue cheese, tomato & mixed greens, chipotle raspberry vinaigrette /15

**OLYMPIA** /Mixed greens, feta, cucumbers, tomatoes, red onions, Kalamata olives, pepperoncini and warm pita / 12

**CRANBERRY HARVEST** / Grilled marinated chicken, candied walnuts, granny apples, blue cheese, sundried cranberries and banana bread /16

**MANDARIN COCONUT CRUSTED CHICKEN** / Snow peas, mandarin oranges, red pepper, seedless cucumbers, romaine lettuces , mango vinaigrette / 15

**MEDITERRANEAN MAHI** /pan seared mahi on top of mixed greens, feta cheese, kalamata olives, roasted pimiento pepper, grape tomatoes, mushrooms and crunchy pita chips /17

**VEGGIES N' YOU** / Grilled eggplant, zucchini, yellow squash, roasted pepper, onions, fresh mozzarella tomato- basil relish/ 13.95

**ORANGE GINGER SALMON** /Ginger glazed salmon, orange sections, almonds, blue cheese, sliced apples baby greens & orange dressing/18

**TRIO** /All white tuna, chicken & egg salad, tomato, cucumbers, olives, carrots, red peppers on a bed of greens, served with warm pita triangles / 13.95

**MIDDLE EASTERN KEBOB** /Grilled chicken kebob, bistro salad, hummus, tzatziki sauce, warm pita/ 15

**SHRIMP FENNEL PEAR ARUGULA SALAD** / Grilled shrimp, shaved fennel. sliced pears, grape tomatoes gorgonzola, sweet red peppers, herbed crostini. dill rice wine vinaigrette / 19

Consumer advisor: consuming raw or under cooked animal products may cause food borne illness

# SANDWICHES

## THE CLASSICS

SOLID WHITE TUNA ALBACORE /12  
 OVEN ROASTED TURKEY /12  
 TURKEY CLUB /14  
 Bread choices: multigrain, seedless rye or white

ALL WHITE CHICKEN SALAD /12  
 EGG SALAD /10  
 BLT /12  
 All sandwiches are served with a choice of potato chips  
 Cole slaw, sweet potato fries, French fries or fresh fruit

## SPECIALTIES

### All-time Favorites

BLACK ANGUS BEEF BURGER /12  
 BISTRO BURGER /sautéed onions, bacon and a choice of cheese, cheddar, provolone, Swiss, American or blue cheese/15  
 TURKEY BURGER /served with lettuce, tomato, red onion on a grilled bun /12  
 BISTRO TURKEY BURGER /sautéed onions, bacon, choice of cheese, lettuce and tomato /15  
 HOUSE MARINATED GRILLED CHICKEN /plain or blackened, lettuce and tomato on a grilled bun /12  
 TUNA MELT /albacore tuna, Swiss cheese on a grilled rye /13  
 REUBEN /corned beef, sauerkraut, Swiss cheese & Russian dressing on a grilled rye /14.75  
 HEBREW NATIONAL HOT DOG /kosher ¼ pound all beef, sauerkraut, chopped onions and sweet relish /9  
 FISH & CHIPS /battered cod, potato chips, tartar sauce and cole slaw/15  
 QUESADILLA /grilled chicken or steak, sautéed onions and peppers, jack & cheddar cheese served with salsa sour cream and guacamole in a grilled flour tortilla /14.5  
 THAI SALMON BURGER / fresh ginger salmon, thai slaw, pickled red chili mayo , brioche bun /15.75

## Hand Crafted Tastings

<p>CRANBERRY WALNUT CHICKEN CROISSANT          A perfect blended salad in a crispy croissant/13</p> <p>REUBEN BY THE SEA /grilled mahi, cole slaw          Swiss &amp; Russian dressing on a grilled rye/16.95</p> <p>MEDITERRANEAN WRAP /chicken, olives, mushrooms          feta, tomato, mix greens, roasted pepper &amp; balsamic drizzle/14</p> <p>STEAK MELT /flank steak, grill mushrooms &amp; onions          Provolone, pesto on a grilled tortilla /14.95</p> <p>SHRIMP LOBSTER ROLL / new England split roll          Shrimp, lobster, surimi crab, avocado. Fresh cut fruit /16.95</p>	<p>THE VEGGIE /grilled eggplant, zucchini, squash          pimientos, fresh mozzarella &amp; greens on a focaccia/12.5</p> <p>GREEK CHICKEN PITA /chopped Greek          salad and grilled chicken in a pita/13</p> <p>CAMARON QUESADILLA/ flavorful shrimp          spinach, jack &amp; cheddar cheese .guacamole          sour cream, salsa /17.95</p> <p>FISH TACOS / golden battered cod, cilantro slaw          salsa fresca, avocado, chipotle crema , lime /15.95</p>
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All sandwiches are served with your choice of just made potato chips, sweet potato fries, French fries,  
 Cole slaw or fresh fruit. \*except quesadillas

### Sides

French fries/5 cole slaw /1.75  
 sweet potato fries /6  
 Fresh cut fruit /4

### Desserts

chocolate cake key lime pie  
 apple pie & cheesecake /7

### Beverages

unsweetened, sweetened & raspberry ice tea  
 coke, diet coke, sprite, lemonade, root beer  
 ginger ale /2.75  
 cranberry, grapefruit & orange juice/5