

RESIDENT APRIL 2024 CLASS REGISTRATION

DATE _____

NAME _____ PHONE _____

KINGS POINT ADDRESS _____

A registration fee is included in class price and is non-refundable unless the class is cancelled by management
Refunds for classes will be given until the 2nd scheduled class date

CHAIR FIT – Thursdays

Instructor: Simone Huete

Location: Grand BR

5 Sessions

Apr 4, 11, 18, 25 – May 2

10:30 am – 11:30 am

\$24 _____

RES CLASS PASS – CHAIR FIT – THUR

\$7 _____

FITNESS PASS

VALID NOVEMBER 1, 2021 - APRIL 30, 2022

Includes: Chair Fit, Tone it up, 20/20/20, Zumba Gold \$50 _____

IRA'S FOLK DANCE – Saturdays

Instructor: Ira Weisburd

Location: Grand BR

5 Sessions

Apr 6, 13, 20, 27 – May 4

1:00 pm – 3:30 pm

RES CLASS PASS – IRA'S FOLK DANCE

\$10 _____

IRA'S ISRAELI DANCE – Mondays

Instructor: Ira Weisburd

Location: Grand BR

5 Sessions

Apr 1, 8, 15, 22, 29

6:30 pm – 10:30 pm

RES CLASS PASS – IRA'S ISRAELI DANCE

\$10 _____

IRA'S NULINE DANCE – Wednesday

Instructor: Ira Weisburd

Location: Grand BR

5 Sessions

Apr 3, 10, 17, 24 – May 1

7:00 pm – 9:00 pm

RES CLASS PASS – IRA'S NULINE DANCE

\$10 _____

NIA CLASS - Wednesdays

Instructor: Helen Sohne

Location: Grand BR

5 Sessions

Apr 3, 10, 17, 24 – May 1

9:00 am – 10:00 am

\$35 _____

RES CLASS PASS – NIA

\$9 _____

SOUND BODY – Wednesdays

Instructor: Simone Huete

Location: Classroom

1 Sessions

Apr 17

2:00 pm – 3:30 pm

\$15 _____

TAI CHI CLASS – Fridays

Instructor: Right At Home

Location: Grand BR

5 Sessions

Apr 5, 12, 19, 26 – May 3

9:15 am – 10:00 am

\$19 _____

RES CLASS PASS – Tai Chi

\$8 _____

TONE IT UP - Wednesdays

Instructor: Simone Huete

Location: Grand BR

5 Session

Apr 3, 10, 17, 24 – May 1

10:30 am – 11:30 am

\$24 _____

RES CLASS PASS – TONE IT UP

\$7 _____

20/20/20 – Mondays

Instructor: Simone Huete

Location: Grand BR

5 Sessions

Apr 1, 8, 15, 22, 29

9:00 am – 10:00 am

\$24 _____

RES CLASS PASS – 20/20/20

\$7 _____

20/20/20 – Fridays

Instructor: Simone Huete

Location: Grand BR

5 Sessions

Apr 5, 12, 19, 26 – May 3

10:30 am – 11:30 am

\$24 _____

RES CLASS PASS – 20/20/20

\$7 _____

WATER AEROBICS – Fridays

Instructor: Body Wellness

Location: Indoor Pool

5 Sessions

Apr 5, 12, 19, 26 – May 3

10:00 am – 11:00 am

\$30 _____

RES CLASS PASS – WATER AEROBICS

\$7 _____

WATER FIT & PILATES – Mondays

Instructor: Body Wellness

Location: Indoor Pool

5 Sessions

Apr 1, 8, 15, 22, 29

10:00 am – 11:00 am

\$30 _____

RES CLASS PASS – WATER FIT & PILATE

\$7 _____

YOGA – Tuesdays

Instructor: Evelyn Freiberg

Location: Grand BR

5 Sessions

Apr 2, 9, 16, 23, 30

9:00 am – 10:00 am

\$35 _____

RES CLASS PASS – YOGA

\$8 _____

ZUMBA GOLD – Thursdays

Instructor: Simone Huete

Location: Grand BR

5 Sessions

Apr 4, 11, 18, 25 – May 2

9:00 am – 10:00 am

\$24 _____

RES CLASS PASS – ZUMBA GOLD

\$7 _____

PERSONAL TRAINING ONE-ON-ONE

4 Sessions \$116 _____

8 Sessions \$197 _____

12 Sessions \$272 _____

12 Session Team/Group \$328 _____

BOX OFFICE USE ONLY

Please have form filled out completely

Cash _____ Check # _____ Check Amt _____ Credit Card _____ STAFF INITIALS _____

Make checks payable to: Kings Point Recreation Corp, Inc