

S M A L L P L A T E S

H U M M U S C R U D I T E

cucumbers, red pepper, carrots & celery sticks / 11

H O M E M A D E S O U P

Fresh made daily cup 4, bowl 6

C H I C K E N G O U J O N S

Flashed fried tenders, potato chips, honey mustard /10

J U S T M A D E P O T A T O C H I P S

Homemade, crispy /5

M I D D L E E A S T E R N T A P A S

Dolma grape leaves, hummus, olive tapenade & pita /12

Y U C A & P L A N T A I N B A L L S / 9

Yuca stuffed with cheese. Plantain with beef

Cilantro avocado dressing

S A L A D S

B I S T R O S A L A D / Baby greens, tomatoes, olives, carrots, red pepper, red onions and cucumbers /8

Add chicken / 6 add Salmon / 9

C H I C K E N C A E S A R / Romaine lettuce, shaved parmesan, creamy Caesar dressing, herb croutons /14

G R I L L E D C H I C K E N R O A S T E D C O R N - A V O C A D O

Applewood smoked bacon, blue cheese, tomato & mixed greens /15

O L Y M P I A / Mixed greens, feta, cucumbers, tomatoes, red onions, Kalamata olives, pepperoncini and warm pita / 12

C R A N B E R R Y H A R V E S T / Grilled marinated chicken, candied walnuts, granny apples, blue cheese, sundried cranberries and banana bread /16

S H R I M P O R A N G E B E E T & G O A T C H E E S E / Grilled shrimp, orange sections, candied walnuts, beets romaine lettuce. Citrus dressing / 19.75

M A N D A R I N C O C O N U T C R U S T E D C H I C K E N / Snow peas, mandarin oranges, red pepper, seedless cucumbers, romaine, mango vinaigrette / 15

V E G G I E S N' Y O U / Grilled eggplant, zucchini, roasted pepper, artichokes, onions, fresh mozzarella tomato- basil relish/ 14.95

O R A N G E G I N G E R S A L M O N / Ginger glazed salmon, orange sections, almonds, blue cheese, sliced apples baby greens & orange dressing/18

T R I O / All white tuna, chicken & egg salad, tomato, cucumbers, olives, carrots, red peppers on a bed of greens, served with warm pita triangles / 15

M I D D L E E A S T E R N K E B O B / Grilled chicken kebob, bistro salad, hummus, tzatziki sauce, warm pita/ 16

Consumer advisor: consuming raw or under cooked animal products may cause food borne illness

SANDWICHES

THE CLASSICS

SOLID WHITE TUNA ALBACORE / 12
 OVEN ROASTED TURKEY / 12
 TURKEY CLUB / 15

Bread choices: multigrain, seedless rye or white

ALL WHITE CHICKEN SALAD / 12

EGG SALAD / 10

BLT / 12

All sandwiches are served with a choice of potato chips
 Cole slaw, sweet potato fries, French fries or fresh fruit

S P E C I A L T I E S

All-time Favorites

BLACK ANGUS BEEF BURGER / 12

BISTRO BURGER / sautéed onions, bacon and a choice of cheese, cheddar, provolone, Swiss, American or blue cheese / 15

TURKEY BURGER / served with lettuce, tomato, red onion on a grilled bun / 12

CHICKEN BACON AVOCADO TORTA / grilled chipotle chicken, cheddar, bacon, guacamole, greens / 15

GRILLED BISTRO MARINATED CHICKEN / plain or blackened, lettuce and tomato on a grilled bun / 12

TUNA MELT / albacore tuna, Swiss cheese on a grilled rye / 14

BLATT ONION ROLL / Bacon, lettuce, avocado, turkey and tomato in a onion roll / 16.5

HEBREW NATIONAL HOT DOG / kosher ¼ pound all beef, sauerkraut, chopped onions and sweet relish / 9

FISH & CHIPS / battered cod, potato chips, tartar sauce and cole slaw / 15

QUESADILLA / grilled chicken or steak, sautéed onions and peppers, jack & cheddar cheese served with salsa
 sour cream and guacamole in a grilled flour tortilla / 15

THAI SALMON BURGER / fresh ginger salmon, thai slaw, pickled red chili mayo, brioche bun / 16

Hand Crafted Tastings

CRANBERRY WALNUT CHICKEN CROISSANT

A perfect blended salad in a crispy croissant / 13

REUBEN BY THE SEA / grilled mahi, cole slaw

Swiss & Russian dressing on a grilled rye / 17.95

MEDITERRANEAN WRAP / chicken, olives, mushrooms

feta, tomato, mix greens, roasted pepper & balsamic drizzle / 14

RIBEYE STEAK BAGUETTE / shaved ribeye, onions, roasted

Peppers, cheddar, arugula chipotle mayo, demi baguette / 15

THE VEGGIE / grilled eggplant, zucchini, squash
 pimientos, fresh mozzarella & greens on ciabatta / 13

GREEK CHICKEN PITA / chopped Greek
 salad and grilled chicken in a pita / 15

SHRIMP ROASTED CORN QUESADILLA

red peppers, guacamole, sour cream, salsa / 19

LOBSTER SHRIMP AVOCADO ROLL / shrimp,

lobster, surimi crab in a new England roll / 17

All sandwiches are served with your choice of just made potato chips, sweet potato fries, French fries,
 Cole slaw or fresh fruit. *except quesadillas

Sides

French fries / 5 cole slaw / 1.75

sweet potato fries / 6

Fresh cut fruit / 4

Desserts

chocolate cake / 9 key lime pie

carrot cake, cheesecake

key lime pie / 8

Beverages

unsweetened, & raspberry ice tea, coke, sprite

diet coke, lemonade, root beer, ginger ale / 2.75

cranberry, grapefruit & orange juice / 6

