SMALL PLATES

HUMMUS CRUDITE
cucumbers, red pepper, carrots & celery sticks / 11
HOMEMADE SOUP
Fresh made daily cup 4, bowl 6
CHICKEN GOUJONS

Flashed fried tenders, potato chips, honey mustard /10

JUST MADE POTATO CHIPS
Homemade, crispy /5
MIDDLE EASTERN TAPAS
Dolma grape leaves, hummus, olive tapenade & pita /14
YUCA BALLS /10
Stuffed with mozzarella cheese. Cilantro avocado dressing

SALADS

B I S T R O SALAD / Baby greens, tomatoes, olives, carrots, red pepper, red onions and cucumbers /8 Add chicken / 6 add Salmon / 9

CHICKEN C A E S A R /Romaine lettuce, shaved parmesan, creamy Caesar dressing, herb croutons /14

GRILLED CHICKEN ROASTED CORN-AVOCADO

Applewood smoked bacon, blue cheese, tomato & mixed greens /15

O L Y M P I A /Mixed greens, feta, cucumbers, tomatoes, red onions, Kalamata olives, pepperoncini and warm pita / 12

CRANBERRY HARVEST / Grilled marinated chicken, candied walnuts, granny apples, blue cheese, sundried cranberries and banana bread /16

SHRIMP ORANGE BEET & GOAT CHEESE / Grilled shrimp, orange sections, candied walnuts, beets romaine lettuce. Citrus dressing / 19.75

MANDARIN C O C O N U T CRUSTED CHICKEN / Snow peas, mandarin oranges, red pepper, seedless cucumbers, romaine, mango vinaigrette / 16

V E G G I E S N' Y O U / Grilled eggplant, zucchini, roasted pepper, artichokes, onions, fresh mozzarella tomato- basil relish/ 14.95

ORANGE GINGER SALMON/Ginger glazed salmon, orange sections, almonds, blue cheese, sliced apples baby greens & orange dressing/19

TRIO /All white tuna, chicken & egg salad, tomato, cucumbers, olives, carrots, red peppers on a bed of greens, served with warm pita triangles / 15

MIDDLE EASTERN KEBOB / Grilled chicken kebob, bistro salad, hummus, tzatziki sauce, warm pita/16

Consumer advisor: consuming raw or under cooked animal products may cause food borne illness

SANDWICHES

THE CLASSICS

SOLID WHITE TUNA ALBACORE/13 OVEN ROASTED TURKEY/13 TURKEY CLUB /16

Bread choices: multigrain, seedless rye or white

ALLWHITE CHICKEN SALAD/13 EGG SALAD/11 BLT/13

All sandwiches are served with a choice of potato chips Cole slaw, sweet potato fries, French fries or fresh fruit

S P E C I A L T I E S

All-time Favorites

BLACK ANGUS BEEF BURGER/13

BISTRO BURGER/sautéed onions, bacon and a choice of cheese, cheddar, provolone, Swiss, American or blue cheese/15

TURKEY BURGER/served with lettuce, tomato, red onion on a grilled bun /13

CHICKEN BACON AVOCADO TORTA / grilled chipotle chicken, cheddar, bacon, guacamole, greens / 15

GRILLED BISTRO MARINATED CHICKEN/plain or blackened, lettuce and tomato on a grilled bun/13

TUNA MELT/albacore tuna, Swiss cheese on a grilled rye / 14

BLATT ONION ROLL / Bacon, lettuce, avocado, turkey and tomato in a onion roll / 17

HEBREW NATIONAL HOTDOG/kosher 1/4 pound all beef, sauerkraut, chopped onions and sweet relish /9

FISH & CHIPS /battered cod, potato chips, tartar sauce and cole slaw/15

QUESADILLA /grilled chicken or steak, sautéed onions and peppers, jack & cheddar cheese served with salsa sour cream and guacamole in a grilled flour tortilla / 16

THAI SALMON BURGER / fresh ginger salmon, thai slaw, pickled red chili mayo, brioche bun / 16

Hand Crafted Tastings

CRANBERRY WALNUT CHICKEN CROISSANT A perfect blended salad in a crispy croissant/13

REUBEN BY THE SEA/grilled mahi, cole slaw Swiss & Russian dressing on a grilled rye/17.95 MEDITERRANEAN WRAP/chicken, olives, mushrooms feta, tomato, mix greens, roasted pepper & balsamic drizzle/14 RIBEYE STEAK BAGUETTE/shaved ribeye, onions, roasted Peppers, cheddar, arugula chipotle mayo, demi baguette/16

THE VEGGIE/grilled eggplant, zucchini, squash pimientos, fresh mozzarella & greens on ciabatta / 13

GREEK CHICKEN PITA /chopped Greek salad and grilled chicken in a pita/15
SHRIMP ROASTED CORN QUESADILLA red peppers, guacamole, sour cream, salsa /19
OBSTER SHRIMP AVOCADO ROLL / shrimp, lobster, surimi crab in a new England roll / 17

All sandwiches are served with your choice of just made potato chips, sweet potato fries, French fries, Cole slaw or fresh fruit. *except quesadillas

Sides Desserts Beverages

French fries/5 cole slaw /1.75 sweet potato fries / 6 Fresh cut fruit / 4

chocolate cake /9 key lime pie carrot cake, cheesecake key lime pie / 8 unsweetened, & raspberry ice tea, coke, sprite diet coke, lemonade, root beer, ginger ale /2.75 cranberry, grapefruit & orange juice / 6